



44. RISK ASSESSMENT AND MANAGEMENT

Risk Management

Risk management is the identification, classification and prioritization of risks. This is generally done in tandem with efforts to monitor, control and mitigate the risks. Risks themselves can be from factors internal to the organisation, patient/client own risks, risk by other stakeholders in the life of the patient or Risk to others by the patient

When looking to perform an actual risk assessment, the following target areas should be part of the overall risk management

1. The process should create safeguards.
2. It should be an integral part of the organizational process
3. It should factor into the overall decision-making process
4. It must explicitly address uncertainty or gaps in the system
5. It should be systematic and structured
6. It should be based on the best available information/practice
7. It should be tailored to the clinical and legal process
8. It should be dynamic and adaptable to change
9. It should be continuously monitored and improved upon

Risk Management Process

There is a specific procedure that one should follow when it comes to performing a risk assessment AND MANAGEMENT. The overall process can be itemized as follows:

1. **Assessment and Identification**
2. **Planning** to include management and key stakeholders and partners
3. **Derive Safeguards** and implement these safeguards for the patient
4. **Monitor and review progress.**

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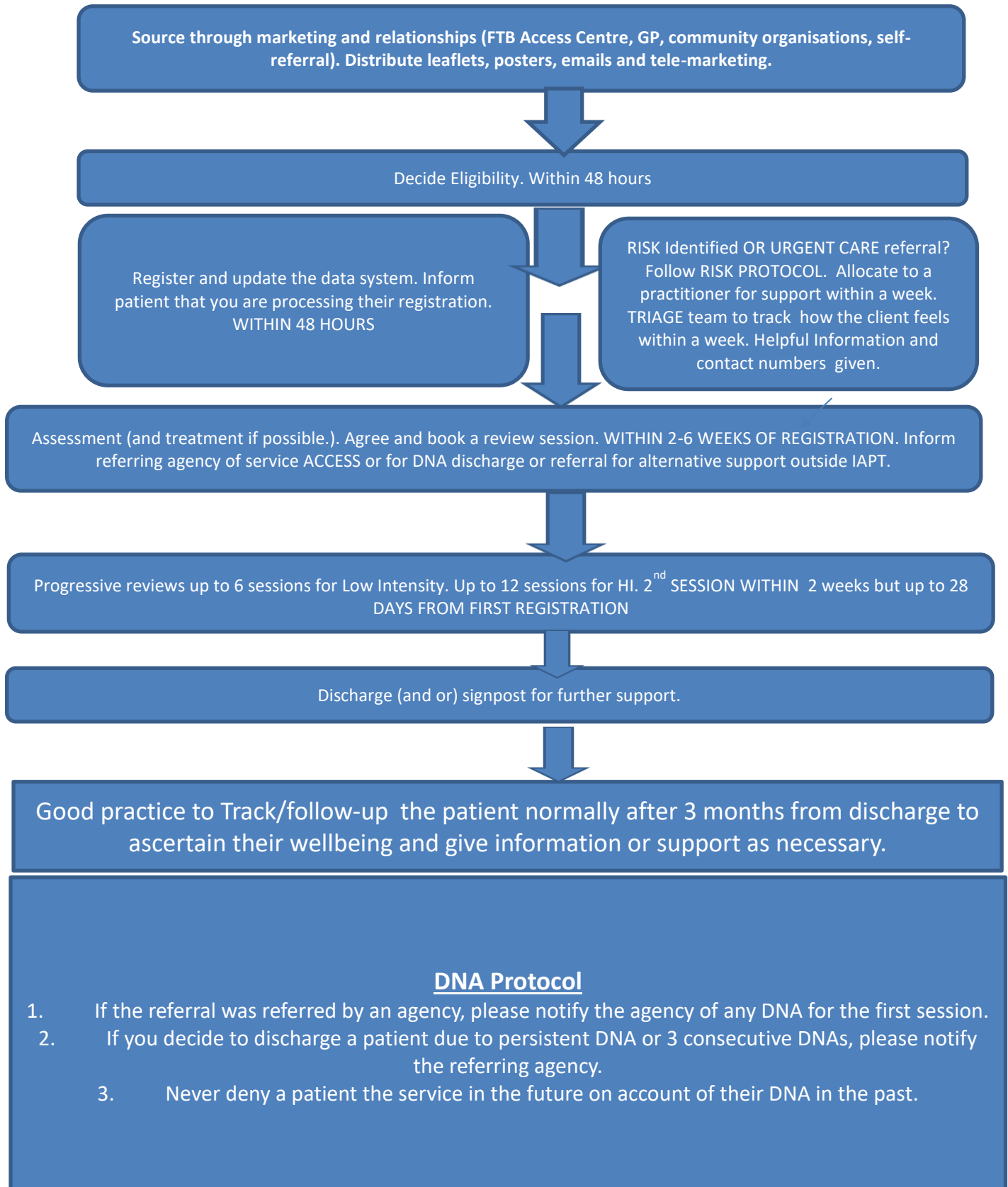
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REFERRAL PROCESS, RISK AND SAFEGUARDING ASSESSMENT AND MANAGEMENT PLAN.



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RISK MANAGEMENT

	INDICATE YES or NO	SPECIFY RISK (to whom, what, historical, current, safeguarding...). The questions below can guide you.
Risk to others		
Risk to self		
Risk from others		
Risk not otherwise specified		

Guiding Questions.

1. Has the client made previous attempts on their life?	
2. Did they use a violent method i.e. Drowning / Hanging / Shooting?	
3. Does the client use recreational drugs?	
4. Does the client use alcohol to excess?	
5. Is the client expressing suicidal ideation?	
6. Has the client considered / planned how he / she would kill themselves?	
7. Does the client believe he / she has little control over his / her life?	
8. Is the client expressing a high level of distress (Delusions / Low Esteem / Hallucinations)?	
9. Does the client feel nothing has changed since the last attempt?	
10. Does the client live alone?	
11. Is the client separated / divorced / widowed?	
12. Is the client unemployed or retired?	
13. Is the client male?	
14. Is the client aged between 17 and 45?	
15. Is the client in poor physical health?	

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Risk formulation.

Risk Formulation based on 5 Ps: Problem, Precipitation, Predisposition, Perpetuation, protective

Problem (the specific risk that is being considered.	
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Emergency and Further Support contact Numbers:

1. 999 Emergency
2. FTB 14-25 years Crisis Team: 0300 300 0099
3. Adult service Crisis and community mental Health support team: 0121 3016000

At Risk of suicide:

4. Papyrus for young people 14-25 years : 0800 068 4141
5. Samaritans:116 123